30 common staples by aisle

From the guide “A shared grocery list both people actually use”, grovehold.com/guides/shared-grocery-list · checked 28 Oct 2026

Fruit and veg	Dairy and eggs	Bakery	Cupboard	Frozen	Household
Bananas	Milk	Bread	Coffee	Peas	Washing-up liquid
Apples	Butter	Wraps	Tea	Berries	Bin bags
Onions	Eggs		Pasta		Toilet paper
Potatoes	Yoghurt		Rice		Kitchen roll
Lemons	Cheese		Oats		Laundry detergent
Tomatoes			Tinned tomatoes		Dishwasher tablets
Garlic			Olive oil		
			Salt		

We always buy: _____. Not this week: □

General advice for shared homes from Grovehold. Free to print and share.